



## DECORATING EDGE IT'S GOOD SPACE

by Helen Peterson

The recent IDS West show in Vancouver featured a vast array of beautiful things and ideas for the home. From luxurious linens and wall coverings to super-hip kitchen designs for the uber-wealthy, there was something sumptuous for every taste.

There was also a fine turnout of experts from the design world. None more dedicated than a local design team — siblings Dwaina Sprague and Brent Neave of GoodSpace Design Group. Here's what their unique business can provide to you:

Sprague and Neave say their clients are a big part of the redesign process from beginning to end. "The Good Space process consists of three easy meetings coinciding with four key phases, all of which are filled with collaboration, creativity and good clean fun, which are:"

**Inform:** Our initial introduction when we begin to get a sense of what you're looking for, what you need, and what you want. We make sure you understand the way we work and what our services entail. We discuss pricing. We set a schedule.

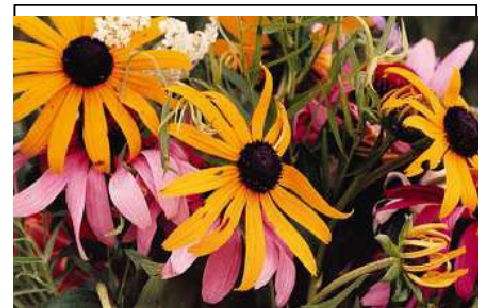
**Enlighten:** Here, we visit your home to get a thorough sense of your space. We review the Getting You Started package you complet-

ed since our Inform meeting, including the client profile (don't worry, it's not hard). We ask you lots of questions, take lots of measurements, and snap lots of pictures.

**Inspire:** We take you through the Good Space vision we've developed exclusively for you. During this phase, we show you what your space could be, the vision you've had for it, and, most importantly, what needs to happen to bring that vision to life. We walk you through it, step by step, page by page.

**Support:** This phase of the Good Space process is designed to help you with any questions or concerns that may arise during the implementation of your Good Space Plan. It includes after-plan support time with your designer who you can access by phone, e-mail or in person at the Good Space office.

It's a decorating plan created around you, executed by you. Sprague and Neave's full slate can be accessed at [www.goodspace.ca](http://www.goodspace.ca). *Photos: GoodSpace*



## VANCOUVER YOGA STUDIO STRETCHES THEIR LIGHTING DOLLARS FURTHER.

Turning an old parking garage into a health and fitness retreat takes vision and a lot of renovation. Doing it in an environmentally conscious and economical way adds to the challenge.

That was the situation YYoga encountered as it created a new facility in downtown Vancouver. "There was a small existing studio," says Matt Fraser, YYoga's COO. "We took over the entire floor of 11,000 square feet and in the process upgraded the entire building."

"There were old fluorescents and incandescents everywhere," says Fraser. "We replaced them with LEDs." Now, the energy bills are projected to run about \$1,500 less each year. YYoga's lighting project qualified for a \$2,400 incentive from BC Hydro—a rebate that Fraser says made a big difference in bringing the project to life.

Sounds good to us, Matt. If your company would like to discover how it can save money on energy costs like YYoga, visit [bchydro.com/incentives](http://bchydro.com/incentives) or call 1 866 522 4713.

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